

Glazed Beef Cheek, Greg Ecard

Dish

Slow cook beef cheek in beer, glaze in caramelised canne syrup, roll in macadamia nuts and chives, with cottage cheese and pickle beetroots dressing, on bone marrow.



Ingredients

- carrot
- onion
- garlic
- butter
- olive oil
- bone marrow
- beef cheek
- macadamia nut
- cottage cheese
- beetroots
- rosemary
- beer
- honey
- chive
- salt and pepper
- cumin powder
- chili flake